

Foot pain is not normal. See a podiatrist.



Painful Feet?

If your feet hurt, something is wrong. In this case we recommend that you visit a podiatrist, who will advise you on the best course of treatment. You can also prevent foot problems before they occur by having a regular foot health check with your local podiatrist.

Your podiatrist will advise on how to keep your feet healthy and in top condition. Also take your shoes with you for specific advice on footwear.

If you have a problem with your feet, seek advice from an HPC registered podiatrist/chiropodist. To find one, contact your GP for an NHS referral or visit www.feetforlife.org for a list of private practitioners.

Pavers *Shoes* have teamed up with the Society of Chiropodists and Podiatrists to promote good foot health. For more information on how to take care of your feet, please see www.feetforlife.org



The Society of
Chiropodists and
Podiatrists

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